

## LUNCH À LA CARTE



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604-505-4961

[info@trufflesfinefoods.com](mailto:info@trufflesfinefoods.com)

[www.trufflesfinefoods.com](http://www.trufflesfinefoods.com)

## Fresh Artisan Sandwich Platters

You can choose up to 4 kinds of sandwiches. All of our sandwiches are made with healthy fresh ingredients, on fresh baked breads or wraps. Our bread is supplied by a local Vancouver organic bakery. Delicious gluten free bread is also available on request. Please specify any additional food allergies in advance.

## Ordering and Pricing Guide

Mini Platter	Serves 15 ppl (18 halves)	\$77	Gluten Free Additional Cost	\$2.50 each
Small Platter	Serves 25 ppl(34 halves)	\$144		
Medium Platter	Serves 75 ppl (80 halves)	\$320		
Large Platter	Serves 100 ppl (120 halves)	\$480		

### Whole Wheat Wrap Selection

Korean Beef & Kimchee

*With pickled daikon, carrots, lettuce, mayo and sliced green onions*

Roasted Vegetable & Hummus

*With zucchini, eggplant, roasted peppers, romaine lettuce, feta cheese and hummus*

Northern Indian Curry Chicken Salad

*With roasted chicken, sliced grapes, yogurt and carrots*

### Foccacia Selection

Roasted Greek Vegetables

*With mushrooms, zucchini, red peppers, goat cheese and hummus*

Spicy Tuscan Sandwich

*With prosciutto, cappicoli, provolone, roasted red peppers and jardinière spread*

Southwest Cajun Chicken

*With spiced chicken breast, sliced tomatoes, cheddar, lettuce and mayo*

### Whole Wheat Bread Selection

Classic Roast Turkey & Brie

*With turkey, brie, apples and watercress served on a cranberry bread*

Traditional Roast Beef

*With roast beef, cheddar, horseradish, Dijon, pickled onions and watercress*

### Ciabatta Selections

California Turkey Club

*With roast turkey, bacon, avocado, tomatoes, lettuce and mayo*

Adobo Marinated Pork Loin Cubano

*With ham, pork loin, jardinière, provolone and guacamole*

Fior Di Latte

*With fior di latte, sundried tomato spread, arugula and balsamic reduction*

### Baguette Selections

Wild Smoked Salmon

*With smoked salmon, watercress, red onion, capers and dill cream cheese*

House Baked Ham & Cheddar

*With ham, sharp cheddar, tomatoes, lettuce, red onion and Dijon mustard*

Vietnamese Roasted Pork Loin

*With roasted pork loin, pickled carrots and daikon, sriracha aioli and cilantro*

## House Made Fresh Salad Selection

All of our salads are made to order, with the best, locally sourced ingredients. We have made sure to include all of the classic selections, as well as some delicious Truffles creations.

### Ordering and Pricing Guide

Small Bowl	Serves 25 ppl (8oz portions)	\$75
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(V) *vegan friendly* (GF) *gluten free*

#### Mixed Greens (V)

*With house-made vinaigrette*

#### Truffles Caesar Salad

*With croutons, parmesan and traditional dressing*

#### Classic Spinach Salad (GF)

*With sliced almonds, fresh berries and goat cheese in house-made vinaigrette*

#### Cherry Tomato & Bocconcini Salad (GF)

*With zesty pesto dressing*

#### Beetroot and Goat Cheese Salad (GF)

*With crumbled goat cheese, honey, toasted candied pecans and dill*

#### Classic Greek Salad (GF)

*With cucumber, cherry tomatoes, yellow & red peppers, red onions, Kalamata olives, feta, garlic and oregano*

#### Moroccan Quinoa Salad (GF)

*With dried fruit, nuts and cinnamon in a cilantro vinaigrette*

#### Kale Salad (GF)

*With Kalamata olives, chickpeas, feta cheese, tomatoes, red onion, parsley, dill and mint*

#### Mixed Beans & Peppers Salad (GF) (V)

*With red kidney beans, black beans, red peppers, green onion, celery and cilantro*

#### Asian Vegetable Slaw

*Served in a ginger soy dressing*

#### Roasted Sunchoke and Jicama Salad

*With a sunflower and sesame seed vinaigrette*

#### 7 Grain & Edamame Bean Salad

*With whole grain, wild rice, spelt, oats, barley, rye, wheat, carrot, celery and edamame bean*

## House Made Fresh Soup

Soup is a wonderful thing, whether it's the middle of winter or the start of spring! Have a look at our great selections; we're sure you'll find your favourite, as well as a few new options.

### Ordering and Pricing Guide

Small Bowl	Serves 25 ppl (8oz portions)	\$85
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(V) *vegan friendly* (GF) *gluten free*

#### Beef & Cabbage Soup (GF)

*With beef, cabbage, onions, celery and garlic*

#### Chicken Noodle

*With orzo pasta, onions, celery, carrots, garlic and chopped parsley*

#### Creamy Mushroom (GF)

*With mixed mushrooms, celery, onions, garlic, rosemary and cream*

#### Corn Chowder

*With carrots, celery, onions, corn, garlic, tomatoes, cream and roux*

#### Hot Corn & Chilli Soup (GF)

*With onions, garlic, corn kernel, jalapeno pepper and cream*

#### Curried Pumpkin Coconut (GF) (V)

*With pumpkin, coconut milk, onions, garlic, ginger, sambal and curry*

#### Ham & Split Pea Soup (GF)

*With onions, carrots, celery, garlic, ham and peas*

#### Roasted Carrot & Brie Soup (GF)

*With carrot, shallots, garlic, onions, thyme, brie and cream cheese*

#### Roasted Vegetable Provençale (GF) (V)

*With eggplant, zucchini, shallots, garlic and red pepper*

#### Beef Barley

*With beef barley, carrots, celery, tomatoes, garlic and onions*

#### Minestrone

*With onions, celery, carrots, leeks, tomatoes, garlic, beans, potatoes, cabbage, spaghetti and parsley*

#### Beet Cream (GF)

*With beet, onion, leek, garlic, cream and butter*

#### Creamy Cauliflower Soup (GF)

*With onions, celery, cauliflower, garlic and cream*

#### Curried Lentil (GF) (V)

*With green lentils, celery, onions, ginger, thyme, curry, garlic and cilantro*

#### Potato & Leek Soup (GF) (V)

*With onions, potatoes, leek and garlic*

#### Fresh Seafood Chowder

*With fish, shrimp, clam, carrots, celery, onions, bacon, garlic and diced potatoes*

#### Chicken Mulligatawny (GF)

*With chicken, celery, onion, green apples, mango, curry, tomato, cream and parsley*

#### Curried Cream of Cauliflower & Apples

*With onions, apples, cauliflower, saffron, curry and cream (GF)*

## Other Lunch Options

### Gourmet Box Lunch

*\$14 per person*

**1 Gourmet Sandwich**  
+  
**1 Daily Salad**  
+  
**Dessert of the Day**  
+  
**Piece of Fruit**

Options for our boxed lunches depend on the number of guests. We suggest that the event organizer make the initial picks and then relay them to your guests 😊

- Groups of 25 or less – 2 options for the sandwich and 1 option for salad
- Groups of 75 or less – 4 options for the sandwich and 2 options for salad
- Groups of 150 or less – 6 options for the sandwich and 3 options for salad

### Exotic Fruit Platter

*Assortment of Local and Exotic fruits*

Small Platter	25 ppl	\$100
Medium Platter	75 ppl	\$250
Large Platter	150 ppl	\$400

### Bar & Cookie Platter

*Selection of your favorite bars, squares and cookies*

Small Platter	25 ppl	\$75
Medium Platter	75 ppl	\$225
Large Platter	150 ppl	\$300

